

Catch the Wellness Wave...

at **Antelope Memorial Hospital's**

Health Fair for the Entire Family

Saturday, February 29, 2020

7:30 - 11 am • Neligh American Legion

State Trooper
Booth: "Human
Trafficking, Dating
Violence & General
Safety"

AMH Stations:

Surgery, Home Health, Wellness,
Respiratory Therapy, Wellness,
Sleep Studies, Car Seat Safety,
Weight Loss, Farm Safety, HR,
Rehab, Patient Portal, Dietary,
Diabetes Ed, CPR/Safety, PR,
Telehealth, Ambulance
& Radiology

***Other stations:** Susie's Foot Care, Fitness,
Ambulance Services, Bright Horizons,
Weight Watchers, Insurance 365, Arbor Care Ctr.,
Family Dentistry, Neligh & Elgin Senior Centers
and Antelope Co. Extension Office.
Plus, check out the **LIFENET HELICOPTER!**

Weight Loss Support:

- #1) Long-term Weight Loss
Management Program - Rehab Booth
(100% Medicare Reimbursable)
- #2) Weight Watchers



Antelope Memorial Hospital
Healing Body, Mind and Spirit

AMH Lab Specials:

- #1) 7:30-9:30 am: CBC, TSH,
Chem & Lipid Panel - \$40
(*Please fast for 12 hours)
- #2) Hemoglobin A1C - \$15
- #3) PSA (for men) - \$25

Vascular Screenings:

Atrial Fibrillation (\$10)

For those over age 64
or age 54 with risk factors
or family history:

Peripheral Artery Disease (\$20)
Abdominal Aortic U/S (\$40)
& Carotid Artery U/S (\$40)

To schedule an appt. (required)
for Friday, Feb. 28th (5-7 pm)
or Saturday, Feb. 29th
(7:30 - 11:30 am)
call 402.887.6223

FREE AMH Specials:

Blood pressures
On-site Glucose Checks
Healthy Snacks