



Antelope Memorial Hospital

Healing Body, Mind and Spirit

COMMUNITY HEALTH IMPROVEMENT PLAN

2019-2022

SUMMARY

Antelope Memorial Hospital is a not-for-profit critical access hospital located in the Northeast Nebraska community of Neligh, population 1,600. The hospital serves approximately 6,500 residents in the eight rural communities of Neligh, Brunswick, Clearwater, Elgin, Oakdale, Royal and part of Tilden. Antelope Memorial Hospital offers a full range of acute and preventive health care services, including acute inpatient care, restorative/rehabilitative (swing bed) care, an emergency services department, home health care, same-day surgery, state of the art radiology, ultrasound and mammography services, laboratory services, physical, speech and occupational therapy, wellness, dietary consultations, and a wide range of specialty outpatient clinics and services. Antelope Memorial Hospital has serviced Neligh and Antelope County since 1952.

Antelope Memorial Hospital is affiliated with the Heartland Health Network and Mid-America Health Alliance. The Mid-America Health Alliance provides Antelope Memorial with education and access to the University of Nebraska Medical Center as a resource. The Heartland Health Network provides education and assists to improve quality of services and health status of our communities, while encouraging autonomy as a stand-alone facility.

IMPLEMENTATION STRATEGY PROCESS

With the completion of the Community Health Needs Assessment (CHNA) and in conjunction with the North Central District Health Department and the community focus groups, the significant health needs were prioritized and developed by a core group of hospital administrative and managerial members. The established priority areas and accompanying goals were brought before the Hospital Board of Directors for approval and adoption.

PRIORITIZED LIST OF SIGNIFICANT HEALTH NEEDS IDENTIFIED IN CHNA

Through the discussion and consensus voting, the following community health priority areas were finalized:

PRIORITY AREA 1: CHRONIC DISEASE DETECTION & MANAGEMENT

PRIORITY AREA 2: MENTAL WELLNESS

SIGNIFICANT HEALTH NEEDS TO BE ADDRESSED

Antelope Memorial Hospital plans to address both priority areas identified by the community workgroup, which should adequately cover the major health problems and high-risk behaviors in its service area. The two focus areas specific to Antelope Memorial Hospital are:

- *Chronic Disease Detection & Management*
- *Mental Wellness*

Goals developed by Antelope Memorial Hospital to address the focus areas:

- *Effectively Screen and Manage Chronic Disease throughout Antelope County.*

Antelope Memorial Hospital will continue to support and enhance programs already established with known positive impacts while also developing new strategies to educate the community on preventive health. We will also follow standard preventive guidelines to provide preventive care such as screenings, tests, vaccinations and counseling services. We will continue to offer Health Fairs and include guidance and support on healthy living and preventive measures.

- *Mental Health will be promoted throughout Antelope County as an Integral Part of Overall Well-Being.*

Antelope Memorial Hospital will continue to promote its mental health services already available, and collaborate with local entities to offer increased input and health-related expertise to encourage and improve participation. We will also collaborate with outside agencies to expand our mental health services.

Over the course of the next three years, Antelope Memorial Hospital will commit resources and efforts to address these goals. We will use a work plan with specific objectives, measures, and a corresponding tracking system to monitor progress and evaluate the impact of our efforts.

ACCESSIBILITY

The CHNA Report and Implementation Strategies Report (Community Health Improvement Plan) will be accessible to the public via Antelope Memorial Hospital's website (amhne.org) and printed copies will be available upon request.

Antelope Memorial Hospital's Governing Board Approval:



John Mlnarik, President

September 25, 2019

Date