



Antelope Memorial Hospital

Healing Body, Mind and Spirit

COMMUNITY HEALTH IMPROVEMENT PLAN

2016

SUMMARY

Antelope Memorial Hospital is a not-for-profit critical access hospital located in the Northeast Nebraska community of Neligh, population 1,600. The hospital serves approximately 6,500 residents in the eight rural communities of Neligh, Brunswick, Clearwater, Elgin, Oakdale, Royal and part of Tilden. Antelope Memorial Hospital offers a full range of acute and preventive health care services, including acute inpatient care, restorative/rehabilitative (swing bed) care, an emergency services department, home healthcare, same-day surgery, state of the art radiology, ultrasound and mammography services, laboratory services, physical, speech and occupational therapy, wellness, dietary consultations, and a wide range of specialty outpatient clinics and services. Antelope Memorial Hospital has serviced Neligh and Antelope County since 1952.

Antelope Memorial Hospital is affiliated with the Heartland Health Network and Mid-America Health Alliance. The Mid-America Health Alliance provides Antelope Memorial with education and access to the University of Nebraska Medical Center as a resource. The Heartland Health Network provides education and assists to improve quality of services and health status of our communities, while encouraging autonomy as a stand-alone facility.

IMPLEMENTATION STRATEGY PROCESS

With the completion of the Community Health Needs Assessment (CHNA) and in conjunction with the North Central District Health Department and the community focus groups, the significant health needs were prioritized and developed by a core group of hospital administrative and managerial members. The established priority areas and accompanying goals were brought before the Hospital Board of Directors for approval and adoption.

PRIORITIZED LIST OF SIGNIFICANT HEALTH NEEDS IDENTIFIED IN CHNA

Through the discussion and consensus voting, the following community health priority areas were finalized:

- PRIORITY AREA 1: PHYSICAL WELLNESS
- PRIORITY AREA 2: MENTAL WELLNESS
- PRIORITY AREA 3: AGING POPULATION & RELATED ISSUES
- PRIORITY AREA 4: SUBSTANCE ABUSE

SIGNIFICANT HEALTH NEEDS TO BE ADDRESSED

While Antelope Memorial Hospital initially planned to address all four priority areas identified by the community workgroup, after further review the hospital's core group determined that two of the four broad focus areas identified in the CHNA would be adequate to cover the major health problems and high-risk behaviors in its service area. The two focus areas specific to Antelope Memorial Hospital are:

- *Physical Wellness*
- *Mental Wellness*

Goals developed to address the focus areas:

- *Improve Community Physical Wellness*

Antelope Memorial Hospital will continue to support and enhance programs already established with known positive impacts while also developing new programs to involve the community. We will also collaborate with local organizations to promote physical wellness. We will continue to offer Health Fairs and include guidance and support on healthy living and preventive measures.

- *Improve Community Mental Health and Wellness*

Antelope Memorial Hospital will continue to promote its mental health services already available, and collaborate with local entities to offer increased input and health-related expertise to encourage and improve participation.

Over the course of the next three years, Antelope Memorial Hospital will commit resources and efforts to address these goals. We will use a work plan with specific objectives, measures, and a corresponding tracking system to monitor progress and evaluate the impact of our efforts.

SIGNIFICANT HEALTH NEEDS NOT ADDRESSED

The following health needs/priorities will not be addressed due to a relatively low priority in our service area, other facilities or educational entities addressing the issues, and lack of adequate resources available:

- *Aging Population and Related Issues*
- *Substance Abuse*

ACCESSIBILITY

The CHNA Report and Implementation Strategies Report (Community Health Improvement Plan) will be accessible to the public via Antelope Memorial Hospital's website (amhne.org) and printed copies will be available upon request.

Antelope Memorial Hospital's Governing Board Approval:



John Mlnarik, President



Date